

Date _____

Memorandum

From: Halyburton Naval Hospital, MCAS Cherry Point, N.C.

To: Commanding Officer, _____
Patient's Command

Subj: OFFICIAL NOTIFICATION OF PREGNANCY ICO

_____, _____, _____
Name Rank SSN

Encl: (1) Standard Duty Restrictions for Pregnant Women

Ref: (a) OPNAVINST 6000.1A
(b) OPNAVINST 5100.23E

1. The above-named patient has been verified as pregnant. Based on current information important dates for planning purposes are as follow:

MILESTONE	PROJECTED DATE FOR PATIENT
20 th week of pregnancy	
28 th week of pregnancy	
Estimated due date	

2. The dates given herein are estimates subject to change. You will be notified of significant changes in projected milestones.
3. OPNAVINST 6000.1a provides guidance on duty restrictions for pregnant women. Encl (1) Summarizes these restrictions for your convenience.
4. Per Refs (a) and (b) all pregnant service members are required to have and occupational risk reproductive risk assessment. Arrangements made for this consultation are as follow.

OCCUPATIONAL RISK ASSESSMENT IN PREGNANCY APPOINTMENT	
Location: Occupational Health Clinic, Bldg 3907, Beachy Rd. (across from NADEP)	
Date:	Time:
Patient must bring medical record	
Patient must be in uniform if not on leave status or off-duty	

5. If the service member is unable to keep this appointment, she is expected to notify the Occupational Health Clinic at 466-3960 or 5241 and to reschedule as soon as possible.
6. Specific concerns about the patients pregnancy and deployability should be directed to the Physician responsible for her prenatal care and delivery. Issues involving workplace hazards may be directed to the Occupational Health Clinic. Please let us know if we can be of any assistance.

Naval Hospital Representative

Clinic

Phone Number